



# Gourmet day

## Food-and-wine Tasting



We begin with a 10 am walk to discover the "Ain Lahjar" oasis and along the way we get to see one of the largest argan trees in the region. After a short break in the quiet and shady greenery we come to the Val d'Argan vineyards (organic agriculture) where a short wine-tasting break will end the visit.



Next we go to the Meskala cheese dairy cooperative where we are welcomed warmly by the women running it.



An easily enjoyable day for all to taste the culinary delights of the region.

Full day

Départs : 10 a.m Essaouira  
Length : 2 km of pathways  
Level of difficulty : Easy-  
enjoyable for all  
Return : 4 p.m Essaouira  
If you do not want to  
walk, it is possible.

### HIGHLIGHT!

An easy enjoyable for all to taste the region's culinary delights!

